

Fifth Sunday after the Epiphany

The Book of Alternative Services

February 7, 2021

10:00am



St. George's Cathedral, Kingston

Prelude: *Andantino*, Harold Darke (1888-1976)

Setting: *Darke in E*

Gathering Hymn:

Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.

2 Unresting, unchanging, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and
love.

3 To all life thou givest, to both great and small;
In all life thou livest, the true life of all;
We blossom and flourish as leaves on the tree,
And wither and perish; but naught changeth thee.

4 Great Father of glory, pure Father of light,
Thine angels adore thee, all veiling their sight;
All laud we would render: O help us to see
'tis only the splendour of light hideth thee.

St Denio

Welsh hymn melody (1839)

W. Chalmers Smith (1824-1908)

The Gathering of the Community (BAS p. 230)

The presiding celebrant greets the community

Celebrant The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit, be with you all.

People **And with thy spirit.**

Then may be said by the celebrant alone or with the people,

**Almighty God,
unto whom all hearts be open, all desires known,
and from whom no secrets are hid: cleanse the thoughts of our
hearts by the inspiration of thy Holy Spirit, that we may perfectly
love thee,
and worthily magnify thy holy name; through Christ our Lord. Amen.**

The Summary of the Law

Celebrant Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength.
This is the first and great commandment. And the second is like unto it: thou shalt

love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

People **Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

Kyrie

Chorister Kyrie Eleison, Christe Eleison, Kyrie Eleison
(Lord have mercy, Christ have mercy, Lord have mercy)

Gloria in Excelsis

Chorister Glory be to God on high,
and in earth peace, good will towards men.
we praise thee, we bless thee,
we worship thee,
We glorify thee,
we give thanks to thee for thy great glory,
O Lord God, heavenly king, God the Father almighty.
O Lord, the only-begotten Son, Jesus Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sin of the world,
have mercy upon us.
Thou that takest away the sin of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.

For thou only art holy;
thou only art the Lord;
thou only, O Christ,
with the Holy Ghost,
art most high in the glory of God the Father. **Amen**

The Collect of the Day

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, so that your good news may be made known to the ends of your creation, through Jesus Christ, our Saviour and Lord. **Amen.**

The Proclamation of the Word

The Readings (Ruth Oliver)

Reader **A reading from the Book of the Prophecies of Isaiah 40:21-31**

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the

earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

At the conclusion of the passage, the reader says,

The word of the Lord.

People

Thanks be to God.

Psalm: 147

¹ Praise the LORD, for it is a good thing to sing praises unto our God: / yea, a joyful and pleasant thing it is to be thankful.

² The LORD doth build up Jerusalem, / and gather together the outcasts of Israel.

³ He healeth those that are broken in heart, / and bindeth up their wounds.

⁴ He telleth the number of the stars, / and calleth them all by their names.

⁵ Great is our LORD, and great is his power: / yea, and his wisdom is infinite.

⁶ The LORD setteth up the meek, / and bringeth the ungodly down to the ground.

⁷ O sing unto the LORD with thanksgiving: / sing praises upon the harp unto our God;

⁸ Who covereth the heaven with clouds, and prepareth rain for the earth, / and maketh grass to grow upon the mountains, and herb for the use of men;

⁹ Who giveth fodder unto the cattle, / and feedeth the young ravens that call upon him.

¹⁰ He hath no pleasure in the strength of an horse, / neither delighteth he in any man's legs.

¹¹ But the LORD'S delight is in them that fear him, / and put their trust in his mercy.

Reader

A reading from the First Letter of Paul to the Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward;

but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

At the conclusion of the passage, the reader says,

People The word of the Lord.
Thanks be to God.

Gradual Hymn

Thine arm, O Lord, in days of old
was strong to heal and save;
it triumphed o'er disease and death,
o'er darkness and the grave:
to thee they went, the deaf, the dumb,
the palsied and the lame,
the beggar with his sightless eyes,
the sick with fevered frame.

2 And lo, thy touch brought life and health,
gave speech and strength and sight;
and youth renewed and frenzy calmed
owned thee, the Lord of light:

and now, O Lord, be near to bless,
almighty as of yore,
in crowded street, by restless couch,
as by Gennesareth's shore.

3 Be thou our great deliverer still,
thou Lord of life and death;
restore and quicken, soothe and bless,
with thine almighty breath:
to hands that work, and eyes that see,
give wisdom's heavenly lore,
that whole and sick, and weak and strong,
may praise thee evermore.

St Matthew
William Croft (1678-1727)

E. H. Pumptre (1821-91)

The Gospel

Reader The Lord be with you.
People **And with thy spirit.**

Reader The Holy Gospel of our Lord Jesus Christ according to Mark
People **Glory be to thee, O Lord.**

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told Jesus about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

(Mark 1:29-39)

Reader The Gospel of Christ
People **Praise be to thee, O Christ.**

Sermon – The Most Reverend Linda Nicholls
(Primate of the Anglican Church of Canada)

The Nicene Creed

**I believe in one God, the Father almighty,
maker of heaven and earth,
and of all things visible and invisible;
And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of the Father before all worlds,
God, of God; Light, of Light;
very God, of very God; begotten, not made;
being of one substance with the Father;
through whom all things were made:
who for us and for our salvation
came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary,
and was made man,
and was crucified also for us under Pontius Pilate.
He suffered and was buried,
and the third day he rose again
according to the scriptures,
and ascended into heaven,**

and sitteth on the right hand of the Father.
And he shall come again with glory
to judge both the quick and the dead:
whose kingdom shall have no end.
And I believe in the Holy Ghost,
the Lord, the giver of life,
who proceedeth from the Father and the Son,
who with the Father and the Son together
is worshipped and glorified,
who spake by the prophets.
And I believe one, holy, catholic, and apostolic Church.
I acknowledge one baptism for the remission of sins.
And I look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People (Ruth Oliver)

Confession and Absolution

A confession of sin may be made here if a penitential rite has not been used earlier, or if penitential intercessions were not used in the Prayers of the People. The celebrant or other person may say one or more of the following:

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you. *Matthew 1.28*

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have eternal life. *John 3.16*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1.15*

Hear also what Saint John saith.

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: and not for ours only, but also for the sins of the whole world. *1 John 2.1,2*

Then shall be said:

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

Silence is kept. The celebrant and people say together,

Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.

Celebrant

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen**

The Peace

The presiding celebrant addresses the people.

The peace of the Lord be always with you.

People

And also with you.

Motet: *Surge Illuminare*, Huw Williams (b.1971)

Arise, shine; for thy light is come: and the glory of the Lord is risen upon thee.

For, behold, the darkness shall cover the earth: and gross darkness the people.

But the Lord shall arise upon thee: and his glory shall be seen upon thee.

And the Gentiles shall come to thy light: and kings to the brightness of thy rising.

Therefore thy gates shall be open continually: they shall not be shut day nor night.

Violence shall no more be heard in thy land: wasting nor destruction within thy borders.

But thou shalt call thy walls Salvation and thy gates Praise.

The sun shall be no more thy light by day: neither for brightness shall the moon give light unto thee.

But the Lord shall be unto thee an everlasting light and thy God thy glory.

And they shall call thee the city of the Lord: The Zion of the Holy One of Israel.

The Lord's Prayer

Celebrant

And now, as our Saviour Christ hath taught us, we are bold to say:

All

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.**

For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Blessing

Celebrant The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. **Amen.**

Dismissal

The celebrant may bless the people. The deacon, or other leader, dismisses the people, saying in these or similar words,

Leader Go in peace to love and serve the Lord.

People **Thanks be to God.**

Postlude: *Carillon*, Henry Murrill (1909-1952)

Interim Dean: The Ven. David Selzer
Interim Director of Music: Brad Barbeau

Prayer List: The Very Rev Sharon Murdoch, The Rev Don Goodwin, Collin Stewart, John Bate, Dee Padfield, Kathy Anderson, Anne Kirkpatrick, Sandy, Jason, Allie and Dev Kauenhofen, Paul Robertson, Richard, Danielle Clarke, Sean Lovett, Ralph Brose, Joseph Mora, and all family, remembering the late Ayda (Papazyan) Mora.

Parish Cycle of Prayer: Pray for St. George's Sponsorship Committee, Jann Van Vugt coordinator, and all team members; and we pray for the following households: Rosemary Dobbin, Debbie Docherty, Pierre and Julia Du Prey, John and Diana Davis Duerkop, and their families.

Readings for next Sunday February 14 - Last Sunday after the Epiphany

2 Kings 2:1-12; Psalm 50:1-6; 2 Corinthians 4:3-6; Mark 9:2-9

10:00am worship service via YouTube

Preacher: The Rt Rev Michael Oulton (Bishop, Diocese of Ontario)

St. George's Cathedral is currently closed for all in-person worship services.